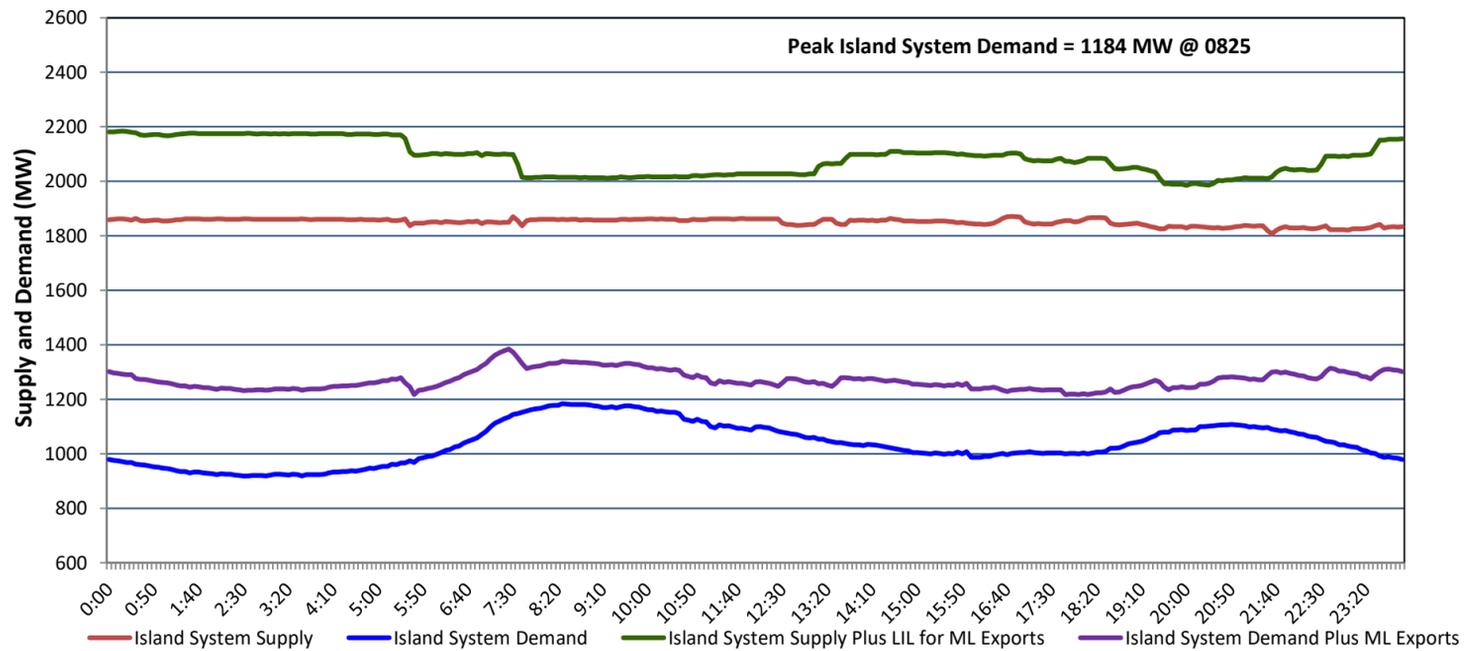


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Tuesday, March 10, 2026**

**Section 1  
Island Interconnected System - Supply, Demand & Exports  
Actual 24 Hour System Performance For Monday, March 09, 2026**



**Island Supply Notes For March 09, 2026**

- A As of 1326 hours, February 05, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- B As of 0653 hours, February 27, 2026, St. Anthony Diesel Plant available at 6.7 MW due to forced derating (9.7 MW).
- C As of 1342 hours, March 07, 2026, Holyrood Unit 1 unavailable due to forced extension to planned outage 166 MW (170 MW).
- D At 0656 hours, March 09, 2026, Labrador Island Link available at 450 MW due to planned derating (700 MW) - Monopole.
- E At 1859 hours, March 09, 2026, Labrador Island Link available at full capacity (700 MW) - Bipole.

**Section 2  
Island Interconnected System - Supply, Demand & Outlook**

Tue, Mar 10, 2026	Island System Outlook <sup>2</sup>	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast <sup>8</sup>	Adjusted <sup>6</sup>
Island System Supply: <sup>4</sup>	2,027 MW	Tuesday, March 10, 2026	1,190	1,096
NLH Island Generation: <sup>3,7</sup>	1,510 MW	Wednesday, March 11, 2026	1,310	1,215
NLH Island Power Purchases: <sup>5</sup>	140 MW	Thursday, March 12, 2026	1,425	1,329
NP and CBPP Owned Generation:	225 MW	Friday, March 13, 2026	1,260	1,165
LIL/ML Net Imports to Island: <sup>9</sup>	152 MW	Saturday, March 14, 2026	1,290	1,195
7-Day Island Peak Demand Forecast:	1,425 MW	Sunday, March 15, 2026	1,295	1,200
		Monday, March 16, 2026	1,345	1,249

**Island Supply Notes For March 10, 2026**

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. As of 0800 Hours.
  3. Gross continuous unit output.
  4. Gross output from all Island sources (including Note 3).
  5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
  7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
  8. Does not include ML Exports.
  9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

**Section 3  
Island Peak Demand and Exports Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Mon, Mar 09, 2026	Island Peak Demand <sup>10</sup>	8:25	1,184 MW
	Exports at Peak		155 MW
	LIL Net Imports to Island		542 MWh
Tue, Mar 10, 2026	Forecast Island Peak Demand		1,190 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).